



Cycling House Packing List - Tour de Montana, Road Cycling

The summer weather in Montana is typically warm & sunny. As you have probably guessed, Montana has lots of mountains and the weather can change quickly in the mountains. Unfortunately, the weather is the one element that is totally out of our control so we have created a packing list to have you covered in the sunshine but prepared for inclement weather too. Regardless of the weather, we want you to be comfortable and happy and the packing list will help ensure both. This list will also prepare you for a week of camping in Montana.

Luggage Recommendations

- 1 medium/large duffel bag, 1 backpack.

Essential carry-on luggage

- Wallet (Credit cards, ID, Insurance cards)
- Airline tickets/Travel confirmations
- Cell phone & cell phone charger
- Cash for incidentals & guide gratuities.
- Medications & copies of prescriptions.
- Toiletries (Adhere to airline regulations.)
- Pedals, Helmet, Cycling shoes, Cycling shorts & jersey (In case your luggage is lost.)

Cycling Gear

- 2-3 pairs of high quality cycling shorts or bibs
- 2-3 short sleeve jerseys
- 1 long sleeve jersey
- 1-2 base layers
- 1 vest
- 1 rain jacket/cycling jacket
- 3-5 pairs of cycling socks
- Knee/leg & arm warmers
- Hat & gloves
- Sunglasses
- Cycling shoes
- Helmet
- Saddle (if renting a bicycle)
- Extra cleats
- Flat kit (saddlebag, tire levers, tube, air chuck) * TCH will provide CO2 canisters*
- Sunscreen
- Nutrition *TCH will supply some nutrition as outlined in the FAQ document*
- Well tuned bicycle with good tires. (If traveling with your personal bicycle)



**CYCLING
HOUSE**

Off The Bike

- Casual clothing for off the bike.
- Light jacket/sweater
- Swimsuit
- Running shoes/Comfortable shoes
- Sandals
- Towel
- Laptop/tablet & charger
- Reading material
- Insect Repellent
- Headlamp
- Anything you can't live without.

**Laundry will not be readily available at all overnight locations.*

Optional

- Camera & charger
- Hat with brim.
- Goggles if you plan on swimming.
- Chamois Cream
- Earplugs

If you have any questions or concerns don't hesitate to drop us a line. Call us at 406-219-1318 or email us at info@thecyclinghouse.com