



Solvang Ride Routes

The Solvang camp was a totally new trip for The Cycling House in 2015 and became an immediate success. Because of this, we're excited to add this camp on to the 2017 Cycling House calendar. This style of trip is a little different for us; unlike Tucson, Mallorca, Tuscany and some of our other staple trips, we do not stay in-house. Instead, our homebase for this trip is the Ballard Inn in Ballard, California. The Ballard is a quaint bed and breakfast that offers excellent accommodations. The Inn serves a hearty breakfast every morning at 7:30 and The Cycling House staff provides the post-ride lunches. Three evening we will have dinners at The Ballard Inn's award winning restaurant, the other two nights we will eat at a couple local favorites. The Ballard Inn has plenty of communal areas for relaxing, stretching or getting in some quality porch sitting. Each afternoon the Ballard serves up a spread of appetizers and wine that will keep us satisfied until dinner at 4:30.





Day 1: Arrival Spin Ballard/Alisal Canyon

A nice cruise through the rolling hills, vineyards, horse and cattle ranches of Ballard Canyon. We follow up Ballard Canyon with Alisal road; a tree covered road up to Nojoqui Falls Park. We trace our route back to Solvang from Nojoqui falls and take a more direct route back to the Ballard Inn.

Ride Details = 25-30 miles, ~1,500' elevation gain, ~2 hours

[Ride with GPS link](#)

Lunch @ The Ballard Inn by The Cycling House

Dinner @ The Ballard Inn



Day 2: Foxen, Cat Canyon, Alisos

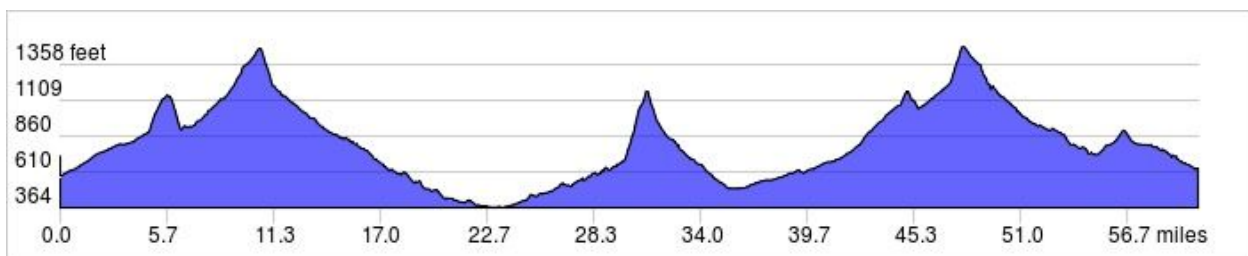
This loop has something for everyone with rolling hills, quiet roads and plenty of vineyards and open spaces. The route follows the wine trail North of Los Olivos on Foxen Canyon and climbs up Firestone hill, which offers an expansive view of the valley. About half way through the loop we climb up Cat Canyon road climb on a more primitive road before descending towards Los Alamos. From Los Alamos we ride a quiet stretch of road up Aisos canyon before making our way back to Los Olivos and The Ballard Inn.

Ride Details = 60+miles, 3,500' elevation gain, ~3-4+hours

[Ride with GPS link](#)

Lunch @ The Ballard Inn by The Cycling House

Dinner @ The Ballard Inn



Day 3: Jalama Beach

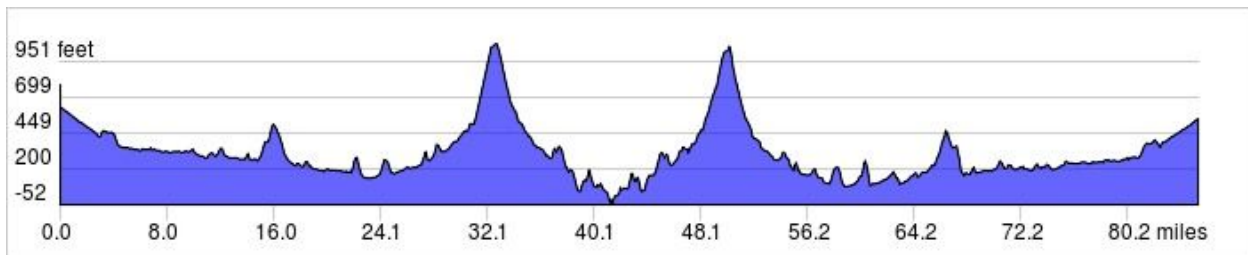
Most crown jewel routes are defined by a major climb, but do not let our Jalama beach route fool you. It is an epic route that will be our longest ride of the week. It brings us down another vineyard covered route called, Santa Rosa road. A short stretch on Highway 1 brings us to the quiet, twisty, turning, up and down route to the Pacific ocean. We have a light picnic lunch on the beach before retracing our steps back to the Ballard Inn. This ride will be an endurance challenge with some great climbs and desolate country roads.

Ride Details = 85 miles, 5,400' elevation gain, ~5+ hours

[Ride with GPS link](#)

Lunch mid-ride @ Jalama Beach by The Cycling House

Dinner @ California Tacos



Day 4: Coffee Shop Spin or Drum Canyon

An easy valley spin is welcomed by most after a couple solid days of riding. The route will include a coffee shop stop and we can make the ride longer or shorter depending upon what folks are looking to get.

Ride Details = 25-30 miles, 1,500' elevation gain

[Ride with GPS link](#)

Lunch @ Beckman's Vineyard by The Cycling House

Dinner @ The Ballard Inn



Day 5: Mount Figueroa

Mount Figueroa is one of our shorter routes but the elevation gain makes up for the lower mileage day. Mount Figueroa is a true challenge with steeper pitches, amazing views and fun descents. This ride is a favorite of TJ Van Garderen especially because of its European feel. The loop brings us up Happy Canyon and passes Michael Jackson's former estate; Neverland. A fun descent brings us back to the valley floor and a stop at the Mount Figueroa tasting room in Los Olivos tops off a great week of cycling!

Ride Details = 40+ miles, 4,700' elevation gain, ~4+ hours

[Ride with GPS link](#)

